



---

AMERICAN OSTEOPATHIC ASSOCIATION

**Basic Standards for  
Fellowship Training in  
Orthopedic Sports Medicine Surgery**

**American Osteopathic Association  
and  
American Osteopathic Academy of Orthopedics**

**June 21, 2012**

## TABLE OF CONTENTS

Article I:	Introduction .....	3
Article II:	Mission .....	3
Article III:	Educational Program Goals/Core Competencies .....	3
Article IV:	Institutional Requirements .....	3
Article V:	Program Requirements and Content.....	4
Article VI:	Program Director/Faculty Qualifications .....	5
Article VII:	Fellow Requirements .....	5
Article VIII:	Evaluation .....	5

## **Basic Standards for Fellowship Training in Orthopedic Sports Medicine Surgery**

This is an amendment to the *Basic Standards for Residency Training in Orthopedic Surgery* which governs and defines orthopedic surgical training. The *Basic Standards* are, therefore, incorporated into this document.

### **SECTION I - INTRODUCTION**

These are the Basic Standards for Fellowship Training in Orthopedic Sports Medicine Surgery as established by the American Osteopathic Academy of Orthopedics (AOAO) and approved by the American Osteopathic Association (AOA). These standards are designed to provide the osteopathic fellow with advanced and concentrated training in orthopedic surgery and to prepare the fellow for examination for certification in Orthopedic Sports Medicine by the American Osteopathic Board of Orthopedic Surgery (AOBOS).

### **SECTION II- MISSION**

The mission of the osteopathic sports medicine surgery training program is to provide fellows with comprehensive structured cognitive and clinical education that will enable them to become competent, proficient and professional osteopathic orthopedic sports medicine surgeons.

### **SECTION III – EDUCATIONAL PRORAM GOALS**

Refer to the core competencies in the *Basic Standards for Residency Training in Orthopedic Surgery*.

### **SECTION IV – INSTITUTIONAL REQUIREMENTS**

- 4.1 The training program must be conducted at an educational institution that offers exposure to a wide variety of cases in the evaluation of orthopedic sports medicine.
- 4.2 The scope of clinical material available must include the management of both operative and non-operative injuries and conditions encountered in an orthopedic sports medicine practice.
- 4.3 A written agreement must exist and be available to specify the clinical and educational relationship between the fellowship program and the coexisting orthopedic residency at the institution to establish the relationship of all parties

### **SECTION V – PROGRAM REQUIREMENTS AND CONTENT**

#### **General Program Requirements**

- 5.1 The general educational content of the orthopedic sports medicine surgery fellowship must include:
  - 5.1.1 Training to qualify an individual to take the Certificate of Added Qualification Examination in Orthopedic Sports Medicine Surgery administered by the American Osteopathic Board of Orthopedic Surgery.
  - 5.1.2 Progressive orthopedic sports medicine training based on current orthopedic sports medicine surgery literature in periodicals, electronic publications and textbooks.
  - 5.1.3 Adherence to the AOAO and AOA approved core competencies.
  - 5.1.4 Familiarity with the use of orthopedic sports medicine operating room techniques and technology, adjunct therapies, splints and prosthetics, as well as the application of all modalities.

#### **Specific program requirements**

- 5.2 The general educational content of the orthopedic sports medicine surgery fellowship must include:
- 5.2.1 The orthopedic sports medicine surgery fellowship shall be one (1) year (12 consecutive months) in duration
  - 5.2.2 The fellow shall spend educational time on a comprehensive and organized course of study to include anatomy, physiology, trauma, pathology, genetics, congenital problems, microbiology, pharmacology, arthroscopic procedures, and open surgical techniques in sports medicine.
  - 5.2.3 There must be a minimum of five (5) scheduled and published hours each week dedicated exclusively to didactics via lecture or training session during which time the fellow will be excused from all other clinical or service duties.
  - 5.2.4 At least one (1) AOA board certified orthopedic surgeon with a CAQ in Orthopedic Sports Medicine Surgery must be a member of the institutional orthopedic attending full active staff.
  - 5.2.5 Faculty to fellow ratios:
    - 5.2.5.1 Osteopathic orthopedic sports medicine surgery fellowship programs shall have a maximum of two (2) fellows per AOA certified orthopedic surgeon.
    - 5.2.5.2 In the event that the faculty to fellow ratio drops below the minimum due to illness, death, or resignation, the fellow shall be permitted to complete the program, however, the institution shall not be permitted to contract with any new fellows until the training ratio is once again established.
  - 5.2.6 In the event that there are no AOA certified orthopedic surgeons with a orthopedic sports medicine CAQ on the active medical staff, the orthopedic sports medicine surgery fellowship shall be terminated within thirty (30) days.
  - 5.2.7 The orthopedic sports medicine fellowship shall have a minimum of one (1) fellow within three (3) years of initial program approval.
  - 5.2.8 There shall be a minimum of 250 orthopedic sports medicine cases for each fellow.
  - 5.2.9 If the number of cases performed by a fellow in an affiliated institutional consortium is to be included in the total procedures, a signed affiliation agreement must be established and maintained.
    - 5.2.9.1 The consortium institution is subject to a program site review at the discretion of the AOAO evaluating committee.

## **SECTION VI – PROGRAM DIRECTOR / FACULTY REQUIREMENTS**

- 6.1 Program Director – In addition to all program director requirements listed in the *Basic Standards for Residency Training in Orthopedic Surgery* the following apply
- 6.1.1 The program director must be certified by the AOA in orthopedic surgery and have a Certificate of Added Qualification or be ACGME trained in orthopedic sports medicine and have a certificate of added qualification.
  - 6.1.2 The program director shall be a practicing orthopedic sports medicine surgeon, educationally and philosophically qualified to conduct the training program and have

a minimum of two (2) years of clinical experience in orthopedic sports medicine surgery.

6.2 Faculty

6.2.1 The orthopedic sports medicine surgery training faculty shall have a strong interest in education with a commitment to teaching and possess sound clinical skills,

6.2.2 Shall be certified in orthopedic surgery with an orthopedic sports medicine CAQ or possess equivalent qualifications as determined and approved by the AOA.

### SECTION VII – FELLOW REQUIREMENTS

To be eligible for fellowship training in osteopathic orthopedic sports medicine, in addition to those requirements listed in the *Basic Standards for Residency Training in Orthopedic Surgery*, the fellow:

7.1 Must have completed an AOA approved residency in orthopedic surgery.

7.1.2 Must be board certified or board eligible by the AOBOS.

7.2 During fellowship the training program: Shall review the orthopedic sports medicine literature as to surgical and non surgical procedures, exposures, techniques and pathology on all cases.

7.3 Must conduct a pre-surgical evaluation with the results recorded in the patient's chart, on each operative procedure the fellow is scheduled to participate in. This is in addition to any attending notes or evaluation:

7.4 Must act as a participant on all orthopedic sports medicine surgery cases assigned by the program director.

7.5 Must attend a CME course offered by the AOA, AOASM, AANA, or the AOSSM. The program director shall determine which courses are eligible to meet this requirement.

7.6 Must participate in scholarly activities such as bench/clinical research, research protocols, cooperative group trials or submission of a scientific article of publishable quality.

### SECTION VIII – EVALUATION

8.1 Objective assessment of core competencies shall include all methods described in the *Basic Standards for Residency Training on Orthopedic Surgery*.

8.2 The fellow shall complete, and electronically submit an annual fellow report found on the AOA case log system to the AOA within thirty (30) days of the completion of the training program

8.3 The program director shall complete and electronically sign and submit the annual program directors report found on the AOA case log system at the completion of the training program.

8.4 Fellows must submit, at the conclusion of the training program, an evaluation signed by the program director.

8.5 Fellows must evaluate their program director and the program by completing and electronically signing the fellow's annual evaluation report of the program director and the program within thirty (30) days of the completion of the training program.